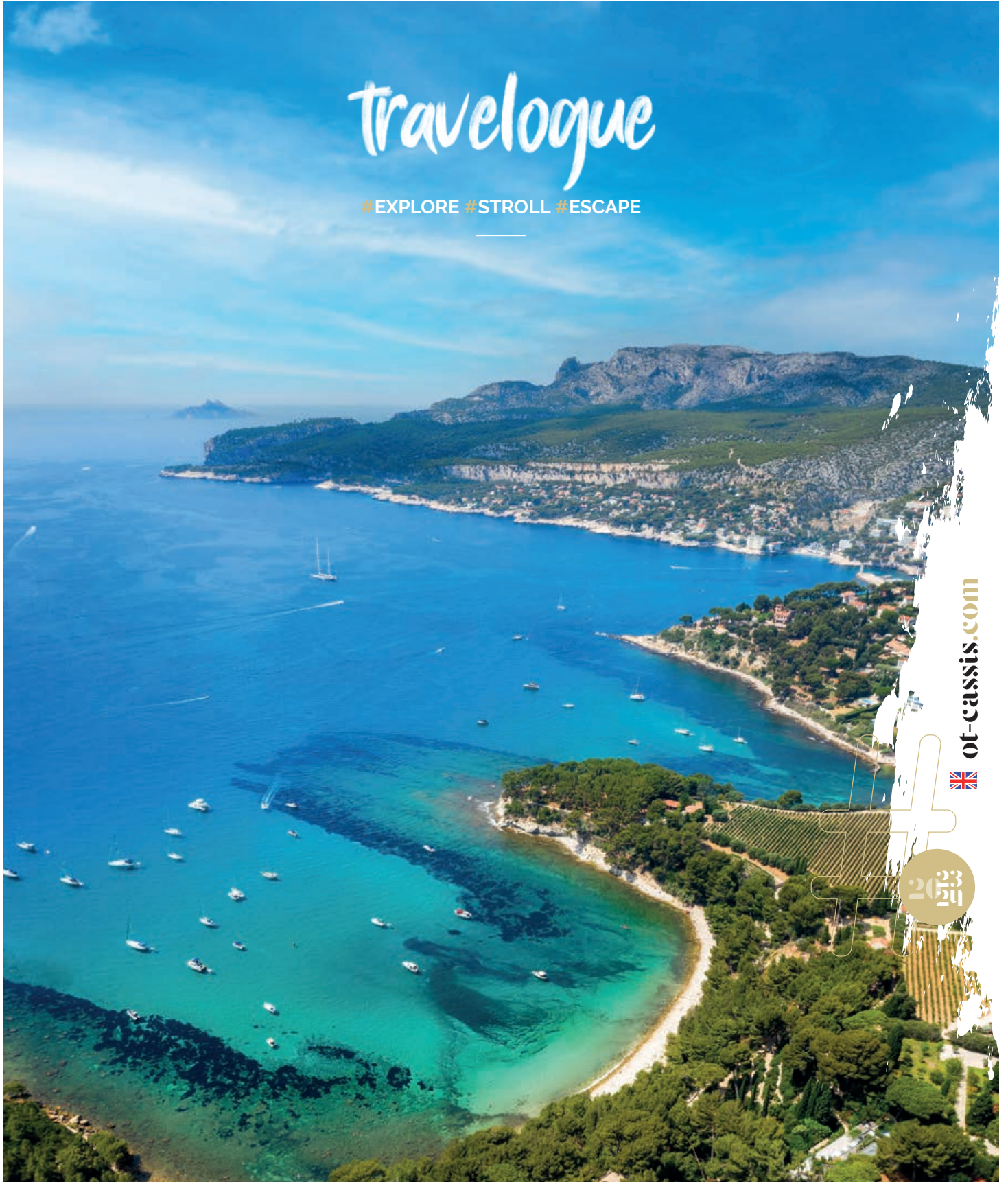


CASSIS

Travelogue

#EXPLORE #STROLL #ESCAPE



of-cassis.com



2023



Travelogue...

More than a destination, Cassis is an invitation to travel with, here and there, a thousand moments to be seized and a thousand emotions to be shared. It's both an immersion and a breath of fresh air. An opening and a parenthesis. It's also and above all what you choose to make of it.

Our 10 absolute musts

#01

It means strolling down the **village's narrow streets**, going from the small squares to the fountains, from the boutiques to the artists' studios and, on the way, feeling the spirit of the South blowing so hard you'll lose your bearings.

#02

It means sitting down at a table **outside** and waiting for the conversation to begin. Exchanging as if you'd always known each other, sharing everything, even the accent.

#03

It means diving, playing, immersing yourself, swimming. Aligning your breathing on the **movement of the waves** and becoming one with the Mediterranean... Before going to laze on the beach.

#04

It means going down the paths edged with **drystone** walls, stopping to admire a **hundred-year-old olive tree**, breathing in the scent of the pine trees and of the garrigue. And feeling alive.

#05

It means striding through the **Cassis vineyards**, visiting the twelve estates enclosed in the Parc des Calanques and savouring the excellence of the moment around a glass of white wine.

#06

It means letting yourself be amazed by the grandiose landscapes of the **Calanques National Park**, dazzled by the flora and turquoise water, knowing at last what this suspended moment stands for.

#07

It means hiring a **paddle board** and discovering the coast differently, multiplying the escapades on an e-bike, exploring the **sea floor**, and everywhere feeling you're in your element.

#08

It means setting out to conquer **Cap Canaille**, on foot, by bike or car. Taking in all the colours along the **Route des Crêtes**. And coming back definitively won over.

#09

It means feeling the generosity of the terroir at the **typically Provençal market**, in the heart of the vineyards, at a restaurant, and reconnecting with a way of life with the taste of **paradise lost**.

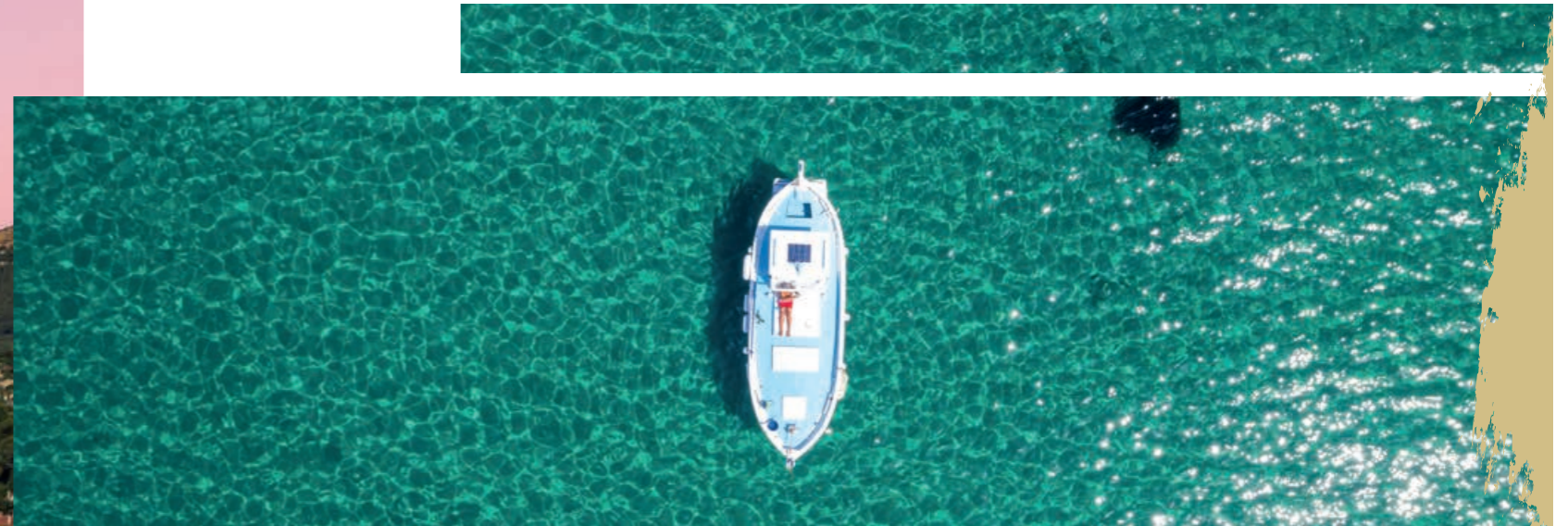
#10

It means transforming each moment into an **unforgettable experience** and into an authentic memory.

It's Cassis, High-Definition Happiness.

Your stay in Cassis

#imagine



Saturday

Here you are in Cassis. You've been dreaming of it, of this ice-cream outside. And you've made the most of it. Until the desire for a change prompts you to set out to **discover its little streets**, its restaurants and its lively evenings. Perfect for getting in the mood.

Sunday

After your **first swim** in the morning, you'll be able to enjoy a delicious **brunch**, served facing the sea. An initiation to contemplation, that you'll be able to repeat with the setting sun, on a **paddle board** or in a **kayak**. And to round off the day on a good note, why not go to a **jazz concert** through to the end of the night.

Monday

On the programme: the Tourist Office, to see all the good plans on offer. The **boat trip** to take a tour of the **eight calanques**. Not to mention the **Crêtes Panoramic Route** in the late afternoon, just to remind you that here on a Monday there's nothing to rival the sun. Or the menu concocted by a **Michelin-starred chef**.



Tuesday

Up early, you're ready for a **hike**, with your hiking boots, backpack, IGN map and picnic **prepared by a local artisan**. Head for the **Calanques**. Don't forget your swimming costume or trunks, and remember to take a hat! Because, yes, it's going to be hot!

Wednesday

THE place to be, the **market**, where you'll find a bit of everything.. Including what's not for sale. The sun, the aromas, the atmosphere, the colourful stalls, the smile of the market traders. You're not going to put everything in your basket, because some things are meant to be shared on the spot.

Thursday

Lazing in the sun, **walking or cycling by e-bike** along the seashore. In the Mediterranean climate, the holiday spirit stretches out and takes its time. Until it's time for an **aperitif on a terrace** facing the **Canaille glowing in the sun**, then barefoot on the sand, for a tapas evening on the **beach**.

Friday

Head out to sea! In a **kayak** or on a **private boat**, to explore these **secret sites**, that can only be reached from the sea. Move inland to the **heart of the vineyards** and discover the wines of Cassis, during a guided tasting session or throughout an evening in the vines field at night.. And in the evening, try your luck at the **Casino**, saying to yourself that the die isn't cast, and believing it. All the best! Through till dawn..

**Then leave.
Richer for all
you have shared.
Stronger for all
you have
experienced.
Making yourself
a promise:
you'll be back.**

Organise
your stay at:
www.ot-cassis.com

Take the plunge

#dare



An experience to be enjoyed...

The mornings on the beach, the fresh sea air, the sunsets. Everything that makes the success of a seaside holiday, you'll have it. But the extraordinary moments, the ones that make your memories even more precious, you'll have to go out and find them...

By kayak or paddle board, early in the morning, when the sea is smooth and everyone's still asleep, to seek out the best swimming spots.

In deep water, for an introduction to swimming with flippers or diving.

Embarking on a fishing trip at sea.

On the open sea, holding your boat's tiller, or entrusting it to a skipper.

And to get over all these emotions, enjoy a moment's relaxation in VIP mode, comfortably lying on a mat on a private beach, fresh fruit cocktail included.



FOLLOW US.
#CASSISHD



- **The supervised beaches:** Grande Mer and Bestouan
- **The natural creeks:** Anse du Corton and Anse de l'Arène
- **Unique:** The Calanques

Love yourself in the village

#stroll



An amazing experience..

In the heart of the village, you'll find everything you were looking for: shady terraces, the scents of the markets, the refreshing fountains. But that's not all. There's also everything that's in wait for you just around the corner!

The little gifts that make great memories, in the fashion or home decoration boutiques, in the wine cellars or fine grocery stores.

The chance encounters over a game of pétanque on the square.

The curios hidden away in the artisans' stores and galleries.

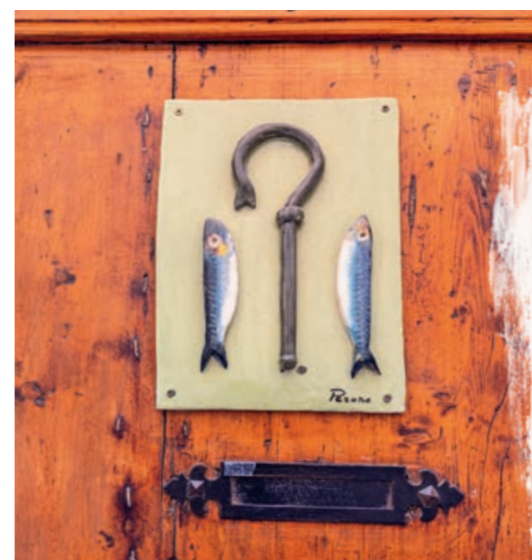
The good life

And all that time spent reshaping the world or history, letting the old stones tell their story and the **guides** theirs.

Market every Wednesday
and Friday morning



**WANT TO FIND
OUT MORE?**



Love yourself in the village



For a guided tour of the village find out more at the Tourist Office or book at: www.ot-cassis.com



Take a peek behind the scenes

- 1 Saint Michel church.** Built with Cassis stone in the 19th century.
- 2 The communal oven.** 17th century. It hosts exhibitions on the Provençal traditions.
- 3 La Maison de l'Europe et de la vie associative.** Cassis's coat of arms above the door "azure with silver crosier laid in pale, accosted by two fish, also in pale". Former Martin Sauveur mansion house, 17th century.
- 4 The library.** Villa l'Ariane - Elegant 19th century residence.
- 5 Town Hall.** Formerly Désiré de Moustiers' mansion, 17th century with its Grand Siècle staircase. On the square, the Cassis stone fountain. Nearby, the Salles Vouées exhibition space.



- 6 The Château.** 4,850 sq.m fortified town, overlooking the sea, in the middle ages the castle housed 250 people and was owned by the Baux family. > Today it's a private home, totally enclosed within high walls, proposing luxury guest rooms.
- 7 The Prud'homme de Pêche.** Is responsible for protecting the maritime areas and fishery resources. This institution reflects the changes and transformations made to the fishing industry over time.
- 8 The Statue de Calendal.** Carved in Cassis stone, here is Calendal, a Cassis anchovy fisherman and hero of Frédéric Mistral's poem, who accomplished 12 labours to seduce the beautiful Estérelle.
- 9 Musée d'Arts et Traditions Populaires.** A mix of archaeological remains, paintings by Provençal artists and traditional objects, this museum showcases Provence, its history and talents. The collection is enriched with two temporary exhibitions every year.
- 10 Fondation Camargo.** Guided tour of the gardens from April to November, on reservation.

Set out as a conqueror and come back conquered



#explore



Mes Calanques application
Take a look before you come!

158 100 ha on land and at sea

... Here it's the craggy cliffs that stand out on the horizon and cut through the waves. No fewer than **200 protected marine and plant species** live here. And in this incredibly diverse ecosystem, so many original experiences to be enjoyed:

- **in the secret creeks** to be discovered from the sea
- **during a swim** in the crystal-clear waters by daytime, or with an aperitif on a boat in the evening
- **with an outing** on foot or by bike, or even hanging from a wire

And each time, wave after wave, with sensations overwhelming you and ripples passing through you.



#explore

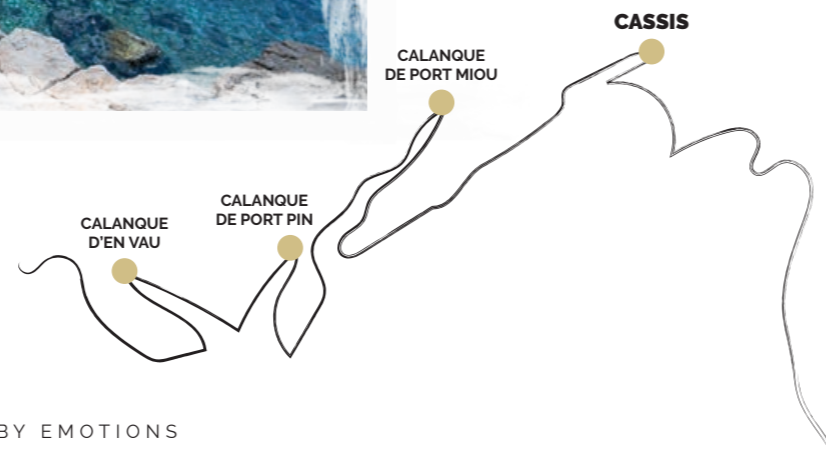


Port Miou, Port Pin, En Vau...

You've heard so much about them you think you know all about the **Calanques**. But in truth they can't be described. They can only be experienced. And the magic of the beaches and creeks doesn't so much lie in their ever-changing reflections as in the effect they'll have on you. And whether you decide to come in the summer or **in the low season, the ideal time for exploring them**, it's sure, they'll send a shiver down your spine.

Although diving into this transparent water is something magical, the Calanques require an effort.

You'll need good walking shoes, some water and protective clothing suited to the weather conditions. Find out about the routes, their levels of difficulty, the fire hazard regulations and access conditions. Then, set off!



A DAY IN THE CALANQUES

Ask for more

#SAVOIR



In Cassis, your taste buds travel too.

As for knowing whether they'll prefer home-cooked seasonal produce, **fish and seafood** eaten on the quay, **Michelin-starred meals**, revisiting the local specialities or the tasting sessions in the heart of the **vineyards**, it's a safe bet to say they'll find it difficult to make their choice.

Because here each culinary experience feeds on the same ingredients. Unlimited sunshine. Just the right amount of inventiveness to revisit our traditions.

Three pinches of generosity and four of conviviality to bring it all together. And at the time of serving, a hint of a **southern accent**, for an inimitable moment.

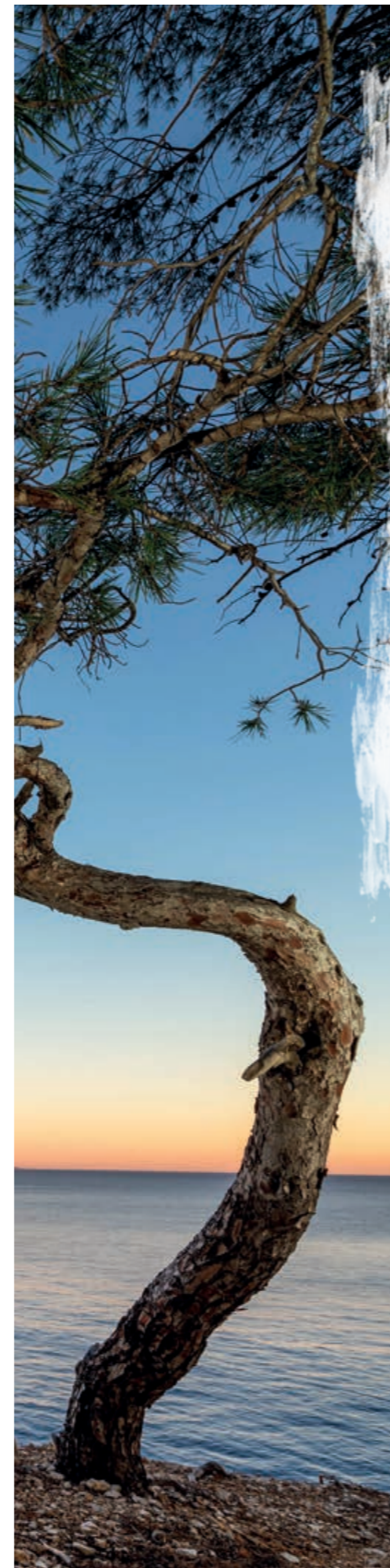


EN SAVOIR
PLUS ?

Discover the AOC Cassis appellation and taste our wines in vineyards or in wine bars. Surprising in Provence ! Cassis appellation produces essentially white wine (71% for 26% of rosé and 3% of red) To visit a vineyard, go to : www.ot-cassis.com

Hold the moment

#going out



We could talk about the **beauty of the lights**, the subdued lighting of the **restaurants, bars and ice-cream parlours** where it's good to linger. Or tell you about the artists on the quays, the night markets and the Casino Barrière and its fabulous free entertainments. Or even extol the must-see events: **The Printemps du livre book festival, the Wine Festival and the Voiles de Cassis regatta**, or in the summer the monumental **Mapping videos**, the **concerts** on the rooftops or in the vineyards, the **Vendanges étoilées** gastronomy festival...

But we'll just tell you about the balmy evenings and the stars glistening in your eyes. Your imagination will do the rest.

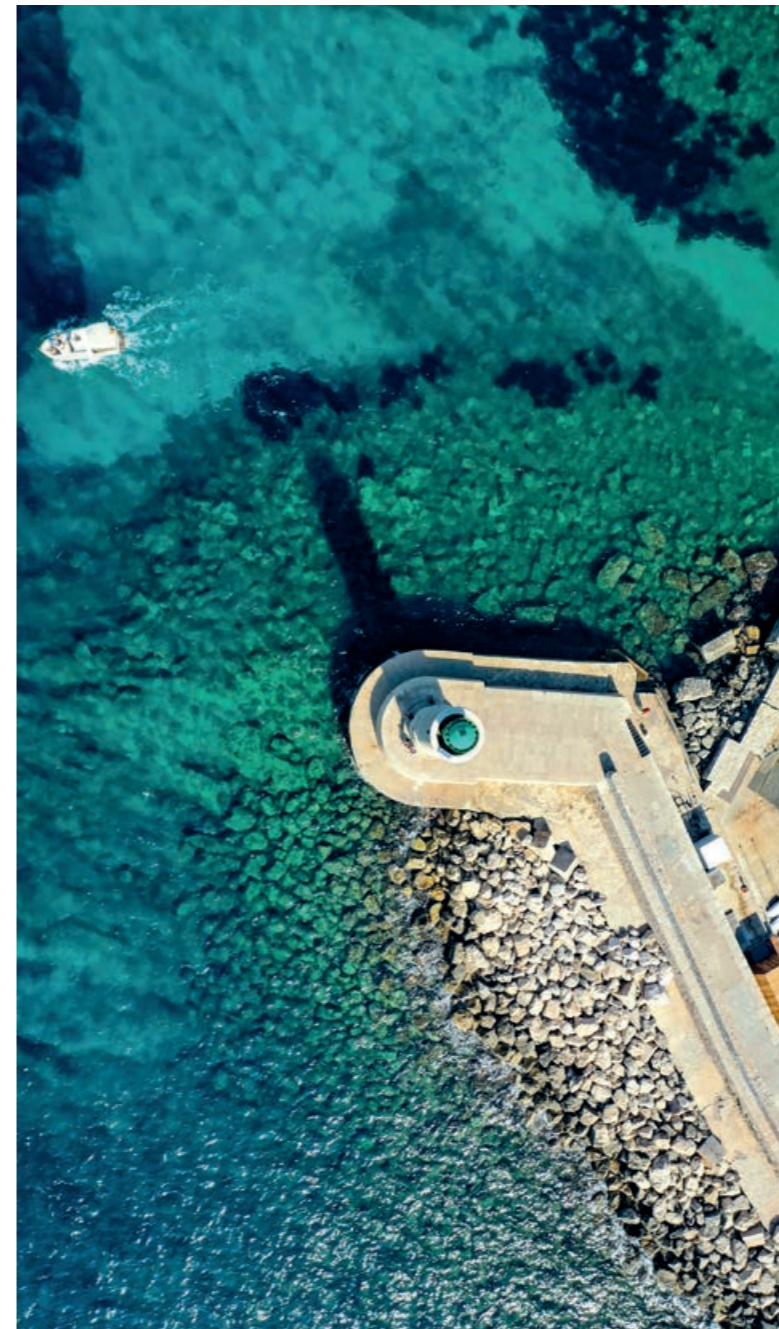


CONSULT THE EVENTS DIARY!



Relax

#share



Now that photos have been replaced by selfies, that stays have become experiences and holiday destinations, spots... What hasn't changed are these places and moments, which are alone worth the journey and have their place reserved in the family album.

For you, we have chosen six of them, all with a surprising feature: their ability to bring the generations closer together. There's the **tour on the little train** or **The Petit Prince path**, to travel at the same pace. The **swimming pool** or the **outdoor cinema**, great fun whatever your age. The **accrobranches treetops trail** or the **skate park**, for exercising differently, but together.

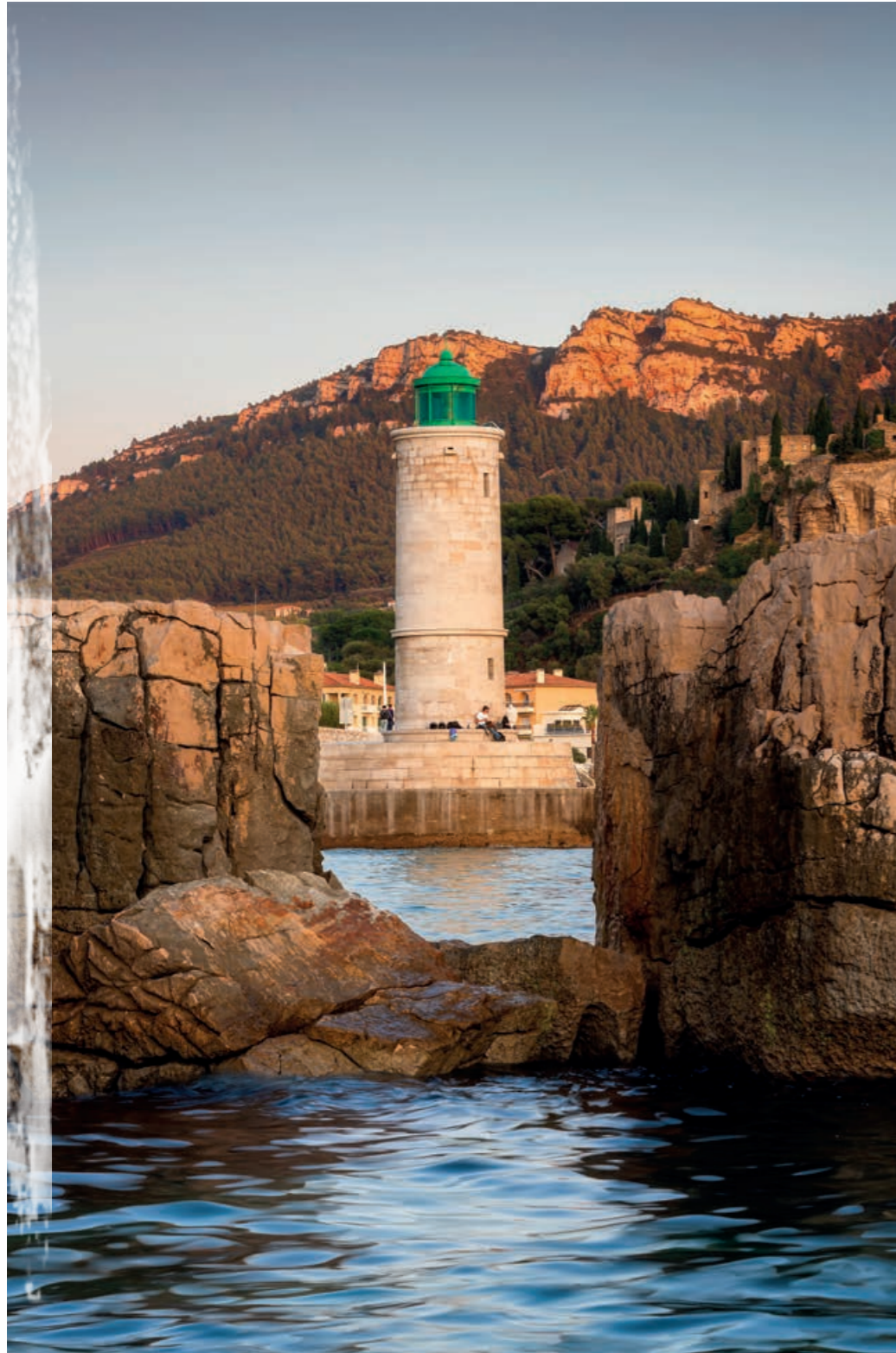
And in the end, the same feeling: that of having shared everything.

To discover Cassis, the Calanques, the Route des Crêtes and the vineyards, download the **Cassis Secrets** application.



FOLLOW US!

Marked by emotions



I book my stay and my discoveries with the Tourist Office www.ot-cassis.com



FOLLOW US. #CASSISHD



TOURIST OFFICE

CASSIS
PROVENCE • MÉDITERRANÉE
HIGH-DEFINITION HAPPINESS

#OFFICE DE TOURISME DE CASSIS

Quai des Moulins
F-13260 Cassis
Phone. 0033 (0)4 28 01 01 03
www.ot-cassis.com
Online chat

Share your experiences

#CASSISHD



Cassis
4 Saisons



Office de
Tourisme
Cassis



otcassis



Cassis
tourisme

